

# WakeUp MadeUp

## Policy and Pre-Care Instructions

---

### **POLICIES**

#### **Cancellation Policy**

If for any reason you are unable to keep your scheduled appointment and you need to reschedule or cancel, we require **48** hours notice. We set aside quite a length of time for cosmetic tattoo appointments. This is to ensure that we are not rushed and we can take all the time we need to make your procedure as close to perfection as possible. This notification of cancellation is a courtesy and will allow us to schedule someone waiting for an appointment in your slot.

### **PRE-CARE INSTRUCTIONS**

#### **General Pre-instructions**

- Avoid Aspirin, Ibuprofen, Advil, Fish Oil, and the like for 2 weeks prior to receiving permanent makeup as these medications thin blood
- If you are on blood thinners, including a daily aspirin, you should consult your doctor prior to stopping any prescribed medication.
- Avoid Alcohol **24** hours prior to the procedure
- If you are pregnant you are not a candidate at this time for permanent makeup. Please wait until your child is born.
- No Accutane use currently or within the previous 6-12 months. Please discuss with Denise.
- Do not tan directly or indirectly for 2 weeks prior to the procedure
- If you have any health concerns, consult with your physician

#### **Pre-procedure for Eyebrows**

- If you have your brows waxed or threaded, do not have them done for a least 1 week prior to the procedure. Denise likes to incorporate every hair, if possible, into your new brow design.
- Do not have them tinted for a minimum of 3 weeks prior to the procedure.
- No Botox a minimum of 1-2 months prior to the procedure.

- Avoid Retin A, glycolics, alpha hydroxy, and topical vitamin C 2 weeks prior to the procedure.
- If your skin has a lot of sun damage or if your skin is excessively oily or dry you will need to discuss your brow enhancement with Denise. Denise has had many years experience and will help you choose the proper technique for the best outcome possible.
- Diabetics and smokers will need to discuss their condition with Denise. She has had many years experience and will help you choose the proper technique to give you the best outcome possible.
- If you take a lot of medications it may affect your brow procedure, therefore you will need to discuss the proper technique to ensure your best outcome.

### **Pre-procedure for Eyeliner**

- No eyelash extensions. Have them removed a minimum of 1 week but preferably 2 weeks prior to the procedure.
- Do not wear contact lenses to the procedure. Bring your glasses.
- Discontinue using any lash growing serums, such as **Latisse**, for 1 month prior to the procedure.
- Discard any old mascara and purchase a new one. Wash out all your eye makeup brushes, and additionally please use a cotton swab with rubbing alcohol to wipe over your pressed powder and eye shadow to remove bacteria.

### **Pre-procedure for Lips**

- No lip injections for 4 months prior to the procedure.
- If you have ever had a cold sore/herpes break out, you will need to contact your health care provider, your doctor or dentist, for a prescription of an antiviral medication. You will need to start this medicine the day before your procedure and continue using it until 3-4 days after the procedure. Please call us to discuss.